

# Competitor Heat Report

Division: Women

Events: Triwizard Cup (Event 5)

2021 Mid-Atlantic CrossFit Challenge  
Thompson-Boling Arena  
Knoxville, TN  
2021-05-27 to 2021-05-29



## Heat 1 - 12:13 pm

Lane	Overall Rank	Bib#	First	Last	Affiliate
10	30	227	Carla	Henriet	CrossFit Shakerag
9	28	205	Megan	O'Donnell	CrossFit Ridge Ave
8	26	215	Shaylin	Laure	CrossFit South Wake
7	23	218	Maggie	Pairan	CrossFit Cornerstone
6	22	212	Nicole	Soto	CrossFit Undivided
5	21	223	Rebecca	Voigt Miller	CrossFit Training Yard
4	24	217	Gabrielle	Ocker	Solidarity CrossFit
3	25	226	Meredith	Swindle	Coyote CrossFit
2	27	229	Emma	Chapman	CrossFit Berea
1	29	230	Ellie	Huffman	CrossFit Lake Forest

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## Heat 2 - 12:36 pm

Lane	Overall Rank	Bib#	First	Last	Affiliate
10	20	219	Emily	Nussbaum	CrossFit 1808
9	18	220	Taylor	Reber	Einhorn CrossFit
8	16	210	Leah	Irons	CrossFit Ammo
7	14	224	Rebecca	Fuselier	CrossFit Bolt
6	12	216	Kat	Grillo	CrossFit Oceana
5	11	225	Winter Nicolette	Rodriguez	unaffiliated
4	13	214	Emily	DeFeo	unaffiliated
3	15	213	Kyra	Milligan	Tekton CrossFit
2	17	207	Olivia	Sulek	ESF CrossFit
1	19	222	Paige	Henry	CrossFit South Bay

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## Heat 3 - 12:59 pm

Lane	Overall Rank	Bib#	First	Last	Affiliate
10	10	209	Kelly	Clark	CrossFit Up
9	8	221	Nicole	Gibson-Burke	unaffiliated
8	6	204	Christine	Kolenbrander	unaffiliated
7	4	201	Amanda	Barnhart	CrossFit New England
6	2	208	Haley	Adams	CrossFit Mayhem
5	1	228	Tia-Clair	Toomey	CrossFit East Nashville
4	3	202	Brooke	Wells	CrossFit Trivium
3	5	206	Jessica	Griffith	unaffiliated
2	7	203	Feeroozeh	Saghafi	CrossFit Mentality
1	9	211	Danielle	Dunlap	unaffiliated