

# Competitor Heat Report

Division: Women

Events: Inception (Event 4)

2021 Mid-Atlantic CrossFit Challenge  
Thompson-Boling Arena  
Knoxville, TN  
2021-05-27 to 2021-05-29



## Heat 1 - 1:10 pm

Lane	Overall Rank	Bib#	First	Last	Affiliate
10	30	227	Carla	Henriet	CrossFit Shakerag
9	28	230	Ellie	Huffman	CrossFit Lake Forest
8	26	207	Olivia	Sulek	ESF CrossFit
7	24	218	Maggie	Pairan	CrossFit Cornerstone
6	22	223	Rebecca	Voigt Miller	CrossFit Training Yard
5	21	210	Leah	Irons	CrossFit Ammo
4	23	212	Nicole	Soto	CrossFit Undivided
3	25	222	Paige	Henry	CrossFit South Bay
2	27	205	Megan	O'Donnell	CrossFit Ridge Ave
1	29	229	Emma	Chapman	CrossFit Berea

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## Heat 2 - 1:42 pm

Lane	Overall Rank	Bib#	First	Last	Affiliate
10	20	215	Shaylin	Laure	CrossFit South Wake
9	18	213	Kyra	Milligan	Tekton CrossFit
8	16	226	Meredith	Swindle	Coyote CrossFit
7	14	221	Nicole	Gibson-Burke	unaffiliated
6	12	220	Taylor	Reber	Einhorn CrossFit
5	11	211	Danielle	Dunlap	unaffiliated
4	13	203	Feeroozeh	Saghafi	CrossFit Mentality
3	15	224	Rebecca	Fuselier	CrossFit Bolt
2	17	219	Emily	Nussbaum	CrossFit 1808
1	19	217	Gabrielle	Ocker	Solidarity CrossFit

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## Heat 3 - 2:14 pm

Lane	Overall Rank	Bib#	First	Last	Affiliate
10	10	209	Kelly	Clark	CrossFit Up
9	8	216	Kat	Grillo	CrossFit Oceana
8	6	206	Jessica	Griffith	unaffiliated
7	4	208	Haley	Adams	CrossFit Mayhem
6	2	204	Christine	Kolenbrander	unaffiliated
5	1	228	Tia-Clair	Toomey	CrossFit East Nashville
4	3	202	Brooke	Wells	CrossFit Trivium
3	5	201	Amanda	Barnhart	CrossFit New England
2	7	214	Emily	DeFeo	unaffiliated
1	9	225	Winter Nicolette	Rodriguez	unaffiliated